

# Newsletter

February 2014



## Tennis Diary

- Annual General Meeting at 7.30pm on Monday 10 March
- Spring Clean Working Party on Saturday 12 April from 10.30am
- Committee Meeting: 8pm on Tuesday 15 April
- Easter—18-21 April
- Mixed Handicap Finals—Saturday 26 April from 3pm, fb BBQ
- American Tournament—Saturday 10 May, 3pm-6pm
- Wine Tasting—Saturday 10 May, 7.30pm
- Open Day—Sunday 18 May from 1pm—4pm
- The Wimbledon Championships from 23 June—6 July
- WGTC Finals Day—Saturday 12 July, 10.30am—6pm approx.

## A new website

The public side of the Woodfield Grove Tennis Club website has been upgraded to a more modern, user-friendly format and can be viewed at [www.wgtc.co.uk](http://www.wgtc.co.uk).

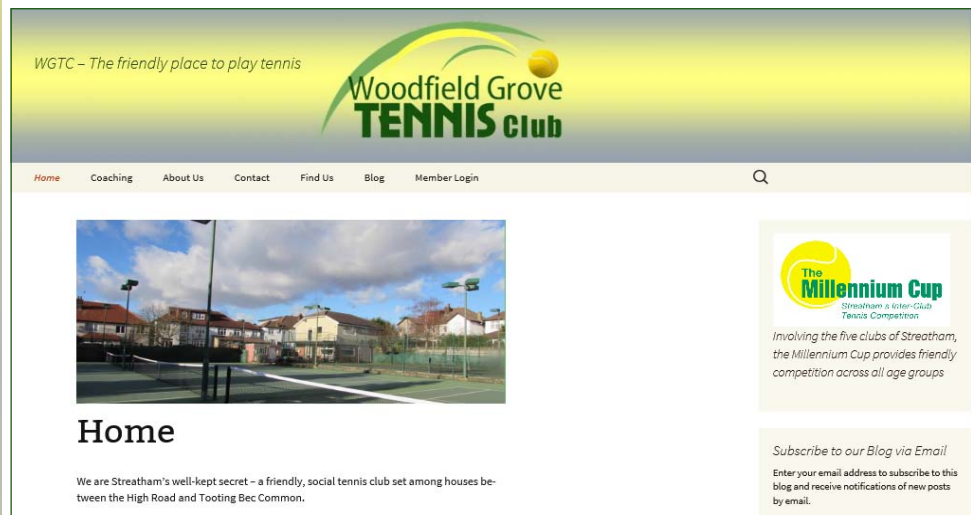
It is the new gateway to the secure member section, which is easily accessible via the Member login page.

We are migrating from the more wordy 'woodfieldgrovetennis.net' to 'wgtc.co.uk' for easier access but both

addresses will continue to work.

This has also prompted a new look to this newsletter. Let's hope you like it!

Members can access the contact details of other members and book courts online via the website, as well as keep updated on club activities so, if you don't have your login details yet, please email [webmaster@woodfieldgrovetennis.net](mailto:webmaster@woodfieldgrovetennis.net) to request them.



## A Message from our Chairman

It has been such a miserable winter for so many around the country but many of us have managed to get out onto the courts rather more often than could have been expected. The club too seems to have come through the storms relatively unscathed.

The balcony has yet to be fully finished, a victim to the weather but it is useable and I think you will agree, a great improvement to the club. New furniture is being ordered to fit this out so that this becomes a comfortable viewing area to be enjoyed by many.

The Winter Handicap tournament is coming along and for those who have yet to play matches, please get on with it as the semi-finals have to be played in March ahead of the finals on Saturday 26 April when we hope we will get a fine day so we can all enjoy the tennis and the barbecue afterwards.

The Annual General Meeting is being held on Monday 10 March when the committee hopes as many members as possible will attend. If any full member would like to serve on the committee, please get in touch with me or Claire. Happily it seems the current committee members are prepared to serve for another year but newcomers are always welcome.

Finally, please make a note of the dates alongside for forthcoming events. It is good for the club to be well-supported by its membership.





## Mixed Handicap Tournament

After a sluggish start, matches in the four leagues of the Winter Mixed Handicap tournament are now well under way.

Some pairs have struggled with the adverse weather conditions alongside their handicaps.

Martina Group has ended up with only three pairs as two players couldn't find time to arrange their matches. The group's winning pair is already decided as Patrick Doyle & Candice Kyle have won the most sets.

Bueno Group also has been reduced to 3 pairs after Claire Lean's injury but so far only one match has been played, with a second still to finish - David Snook & Sue Lee have yet to complete against Mark Thompson and Aimee O'Hanlon after already playing two hours and they are still only in the middle of the 2nd set! Good handicapping, eh?

A couple of matches are remaining in both Lew Hoad and Laver Groups, which means the 2 remaining semi-final places are still up for grabs.

Despite having the mildest winter in years it has still proven difficult to get people out of their sofas and onto the courts but we're hoping for the semi final round before the end of March, with the final day set for Saturday 26th April at 3pm.

## Summer Tournaments

The Summer may seem a long way off given the relentless wind and rain, but the Surrey Summer entry forms have arrived!

The club already enters Men's, Ladies and Mixed teams in the league, but members can also play in the individual events.

There are Men's and Ladies singles, Men's, Ladies and Mixed doubles.

In addition to these there are also Men's over 35, 45, 55 and 60.... Ladies over 35, 40, 50, and 60.... Men's over 45 and 55 doubles, Ladies over 40, 50 and 60 doubles and Mixed veteran doubles (Men over 45/Ladies over 40).

The Junior events include both Boys and Girls singles under 16, 14, 12 and 10.

Entry costs £5 per person per entry. Please let John know if you would like to enter any events by 25th February at the latest and provide the following information:

- Event/s you would like to play
- Name of player (and any possible partner) -Address -Telephone Number -Email Address

John can be reached at [connor1974@gmail.com](mailto:connor1974@gmail.com) or 07932 253 957.



The Family Championships is a national DOUBLES competition for Fathers & Sons, Mothers & Daughters, Fathers & Daughters and Mothers & Sons.

There are three categories: Open, offspring aged Under

14\*, and offspring aged Under 10.\*

It's fun, an adventure, an opportunity to meet new players, and a great way for parent and child to bond on the field of play.

APPLY NOW! Rules and application forms for 2014 now available on [www.familychampionships.org.uk](http://www.familychampionships.org.uk).

*[\* Eligibility criteria: Parents with children 14 or 10 and under as at the end of December 2014 will be entered in the respective 14 & U and 10 & U events.]*

## Match Reports

### Men's 1

The men's 1st team are currently riding a 9 match winning streak dating back to last summer.

They have won all four so far this winter and have already done enough to secure a promotion for next winter.

Our last match was played away to Spencer II in near gale force winds, but Sam and Roberto, John and Neil combined to eek out the win. It wasn't pretty, but was a good result considering the conditions.

Many thanks to Roberto, Kai, Sam, Neil, Andy, Matt, Justin and Peter, who have all played this winter.

### Men's II

The Men's 2nd Team have secured their third straight undefeated season and will again be promoted!

Depending on the result of the final match, they will finish either 1st or 2nd in their league either ahead or behind local rivals Wigmore.

Well done to the core team of Neil, Matt, Jason & Ben and to those that have appeared for the team during the season.

### Men's III

In lieu of a more formal report, David Snook continues to set the standard for post-match catering...

Amongst the dishes recently laid before a delighted Spencer Club team were homemade marinated chicken wings and stuffed red bell peppers.

The challenge to other team captains is to beat that!

### Ladies I

The team finished their winter league matches 2 weeks ahead of schedule on the 2nd February, with maximum points earned, so no team can overtake us anymore at this stage.

Everyone is very keen to play and special thanks to Karin who was driving us to all our away matches and our fan Peter who even came to watch our last match away only to see us playing our worst tennis ever and having to battle through championship tie-breaks.

Karin, Mercedes and Lenka played all 5 matches with Rachel and Aimee alternating as the 4th player.

The results of every match are on our website as Lenka has been updating after every match.



## Club Bookings

To be able to make online bookings, members must:

- Email [webmaster@woodfieldgrovetennis.net](mailto:webmaster@woodfieldgrovetennis.net) to request login details for access to the secure area of our website
- When you have these, login to [www.woodfieldgrovetennis.net](http://www.woodfieldgrovetennis.net)
- Access the Online Court Bookings page and click on the Bookit logo
- Register again by clicking '+ not registered' and enter your details
- Once registered you can access Bookit direct from any device

## AGM and Committee Matters

It was a historic Committee on Tuesday 4 February when the Chairman welcomed a full house! Rather surprisingly, all are willing to serve for another term so things must be going right.

The meeting discussed arrangements for the Annual General Meeting to be held on Monday 10 March at 7.30pm when it is hoped as many members as possible will be able to attend.

It was agreed to recommend to the AGM to freeze the annual subscription for full members at £270 for 2014-15.

The annual accounts were considered for presentation to members at the AGM.

The recent Burns Night was well supported and made a welcome contribution to the club of a little over £300 taking into account both the food and bar profits.

The committee was concerned that the balcony was not yet completed but understood that both Chris Barber's health and the adverse weather has delayed this unavoidably.



A budget for the purchase of balcony furniture was also approved.

A Working Party to spring clean the club and conduct running repairs will take place on Saturday 12 April from 10.30am and volunteers are welcome!

New member Sam Sullivan was acknowledged and thanked for stepping in to repair the entry system when it failed in February.

Unfortunately all swipe card numbers were wiped by the malfunction and have since had to be re-entered. The committee apologises to any member who may have been inconvenienced by this.

Sam has since promised to replace the back-up battery to the system and the entry button on the gate pole, for which we are most grateful.

It was agreed to hold an Open Day in the spring, to attract new adult members, the date for which was subsequently changed to Sunday 18 May from 1pm-4pm.

An American Tournament will be run by Karin on Saturday 10 May from 2-4pm followed by a Wine Tasting Evening for members. Details will be confirmed in coming weeks.

## Junior Coaching

### Booking is now open for the Spring Term

3rd March – 6th April 2014 – 5 weeks

- 45min classes (max 6 children) £40 for 5 years and under
- 55min classes (max 6 children) £47
- 55min classes (4 children) £52

Fees to be paid in advance and are non refundable once the term begins. Any session cancelled due to poor weather will be added to the end of the term. If the weather is changeable, please come to the tennis club as, most of the time, classes will run.

In the case of less than 4 children per class:

- Triple Lesson: £13
- Double Lesson: £16

Member saving: Save £1 per week on the programme cost. Talk to Karin for details.

To book: email [karintennis@hotmail.com](mailto:karintennis@hotmail.com) ; or to discuss timings and the best group to suit your child call Karin on 07946 431 514.

### Half-term Tennis Camps

7-21st April 2014

- 10-1pm (5-10yrs) £17
- 2-4pm (10+ yrs) £10

Running every day, except Bank Holidays.



HOLIDAY SPECIAL OFFER!!....Junior single or double lesson for only £17 during the school holidays.

### Summer Term

22nd April – 7th July 2014



### Sunday Pay-&-Play

If you'd like to ease your way back into things gently, sign up for a Pay-&-Play session on Sunday afternoons from 2.30 – 3.30pm and participate in some social tennis with coaching for £7 each per group session of 1½ hours for members (£8 for non-members), followed by social tennis.

Please call Michele Roberts on 07951 132 744 to book.



## Welcome New Members!

Among our latest recruits to the club are:

- Sam Sullivan
- Ivan is back after injury on joining late last year and now playing in the men's third team

Welcome to the club! We hope you feel at home and enjoy our rather special place to play.

Don't hesitate to ask if you have any questions!

## Special Deal for Members

The committee is offering members a 10% reduction on their annual subscription if they introduce people who join up in the spring. Everyone benefits!

## Buzz around the club...

- ⇒ Congratulations to Justin and Victoria Pimm on the birth of their baby daughter, Savannah, over Christmas
- ⇒ The club is to receive a £1,000 bequest from Pamela Adams, a member for some years in 1980s, for which we are very grateful
- ⇒ Soon to return, Lucia from her travels to Brazil and Kai who has been to Thailand—both managing to miss the horrendous weather in the UK and, no doubt, both have tales to tell!
- ⇒ Get well wishes to Chris Barber, our balcony contractor who has landed up in hospital. Here's to a speedy recovery.

## Hot drinks are up!

We have finally had to increase the price for hot drinks from the dispenser in the kitchen as wholesale costs have risen quite dramatically.



Please note the cost of a hot drink is now 60p.



## Look like a Tennis Pro!

Here are some tips to help you look like a top player on court, and they have nothing to do with how you play!

- Dress in proper tennis clothes with the correct shoes for the court surface to look professional
- Use decent balls—crummy ones give you away and you'll have more control
- Warm up slowly by hitting balls that the player on the other side of the net can return back to you
- Build up long rallies to play yourself in

## Court Cleaning

All the courts will be cleaned on 27-28 February and there may be some disruption to members looking to play on those days.



## Finals Day

Put it in your diary—Saturday 12 July—and we have a tournament to play first!



It's an important club day with good tennis, great food and fine company. Set the day aside to support your club!

This is a friendly local team competition for members who don't ordinarily play Surrey league matches and WGTC are the current champions!

It involves players in all age groups, including under 16s boys and girls, over 40s women and over 45s men as well as open disciplines.

Ideally we would like to field players to play one match each, either singles, doubles or mixed so building up a good squad for the captain to draw on would be good.

There are four matches over the spring into the summer, with the final in September so why not let Alex Kyle, Claire Lean or Karin Govan know that you are interested in making



- Always pass balls to players when they are looking at you, or to the adjacent court between points
- Stay aware of what is happening all around you
- Call a let if a stray ball enters your court in a rally
- Keep the score and call it out before you serve
- Always act courteously and avoid losing your temper
- Encourage your partner in doubles
- Avoid interrupting play on other courts
- Be gracious in defeat

**Always carry yourself like a true champion and your game will surely follow!**





## Official Opening

Although our beautiful new balcony is still not completely finished, the club took advantage of Maria Bueno's presence in late November to cut the ribbon to officially open it with the Wednesday group alongside:



*Peter Risdon, contractor Chris Barber*



*The Captains' Cup was presented to Lenka...*



*and Maria Bueno.*

## Christmas 2013

The Chairman hosted a night out with the coaches and



*Maria Bueno, who provided the Santa hats!*





## Burns Night

The Scottish contingent at the club hosted another highly enjoyable (and lucrative!) Burns Night in January...



January	winners	February
£50—Tony Ayles		Peggy & John O'Connor
£25—Barbara Wancke		Andrea & Mark Thompson

## Digital Age

As we become more dependent on electronic communication, it is important that you (members!) keep us (the Club Committee) apprised of your correct details, namely:



- Your mobile phone number
- Your email address

When you come to renew your membership in early May, please make sure you complete the form or email any changes to Claire.

Help us to keep you posted!

## Getting back onto court...

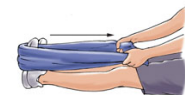
Make sure you stretch well, particularly if you feel any soreness.

Why not spring clean your game with a session with one

### Plantar Fasciitis Rehabilitation Exercises



Prone hip extension



Towel stretch



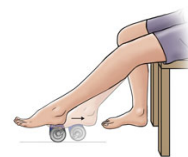
Standing calf stretch



Sitting plantar fascia stretch



Achilles stretch



Frozen can roll